

# Lunch at FarmED

Served Monday to Friday Noon to 2pm

Reservations recommended

## Seasonal Soup

Weekly changing soup using our own farm-grown vegetables, served with bread & butter

£8.00

## Sandwich of the Day

Freshly baked bread, served with a salad garnish

£9.00

## Super Salad Plate

Three delicious & nutritious salads fresh from the Kitchen Garden People

£13.00

## Dish of the Day

Using seasonal vegetables from the Kitchen Garden People.

Midweek meat served on Wednesdays

£15.00

## Ploughmans Platter

Local cheese, FarmED pickled vegetables, chutney, salad & bread

£14.00

## Pizza Friday

Freshly made Thursdays & Fridays, served with leaves

£13.00

Do let us know if you'd like gluten free bread, vegan spread or if you have any allergies.

**What FarmED does:** FarmED provides learning spaces and events that inspire, educate and connect people to build sustainable farming and food systems that nourish people and regenerate the planet. **Subscribe to our newsletter** to find out more about events at FarmED and how you can get involved. Scan the QR code or visit our website at [www.farm-ed.co.uk](http://www.farm-ed.co.uk)

